

Community
Death Care
Project

JUNE & JULY 2025 PROGRAM GUIDE



生命
终点
资源

2025年6月及7月 活动指南时间表



**THIS PROJECT IS A COLLABORATION
OF THE FOLLOWING ORGANIZATIONS**

INTRODUCTION. 简介 JUNE 2025

Started in 2022, the Community Death Care Project is site-specific, aimed at supporting the vulnerable communities who are connected to Vancouver's Downtown Eastside (DTES) and Chinatown areas. The programs in this guide aim to offer compassionate support and practical resources for navigating grief, loss, and the end-of-life journey. Our goal is to empower you with the knowledge and tools needed to make informed decisions, honour loved ones, and find solace in a supportive community. Together, let's approach grief and death with dignity, respect, and a deep sense of care.

These programs will be delivered at the Carnegie Community Centre, 401 Main St, Vancouver, unless stated otherwise. Registration is required for one-off workshop or activity on a first-come-first-serve basis, DTES residents and those connected to the DTES will be prioritised. Drop-ins are welcome for recurring programs.

We will publish the program guide every two months. So please keep a look out for the next program guide.

生命终点资源于2022年在卡拿基社区中心开始。我们提供温哥华市东区和唐人街的居民或常在这个区活动的人士一系列与死亡相关的节目、讲座及工作坊。目的是想把人们常避忌的话题“死亡”正常化。通过不同的节目，我们也希望大家可以吸取所需的知识以便在人生终结的旅程上能做出明智及适合自己的决策。一次性的活动需提前报名，请留意节目表里的报名方式。报名次序先到先得，在这个区居住或活动的人士将有优先权。温馨提醒：节目表里的节目若无中文翻译就表示它将以英语进行。

Rekindling Roots Indigenous Wisdom @ Stanley Park

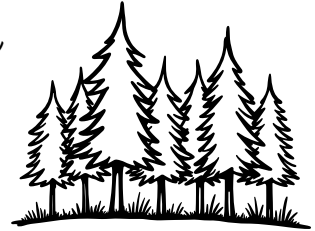
24 JUNE, TUESDAY

12:00 pm - 3:00 pm

Gather @ Seniors Lounge

Join Métis herbalist and educator LoriAnn Bird for a guided nature walk through the ancestral lands of Stanley Park. Through stories, plant teachings, and deep listening, Lori will share Indigenous perspectives on our relationship with the Earth—past, present, and future. This is an opportunity to explore ecological grief, reconnect with the land beneath your feet, and learn how to walk in a more reciprocal, respectful way with nature.

Register in-person at the Carnegie Library or call 604-665-3010 ext. 0



JUNE 2025

Death and Reflection Film Series

28 JUNE, SATURDAY

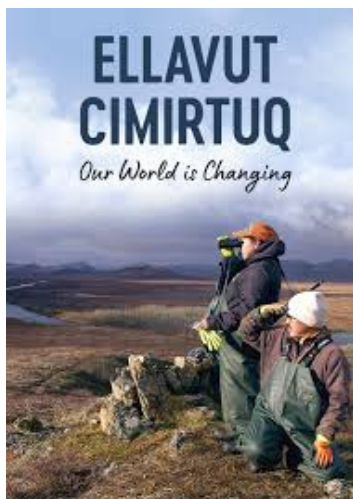
Bimonthly on Every Fourth Saturday

Starting at 2:00 pm

Theatre @ Carnegie CC Main Floor

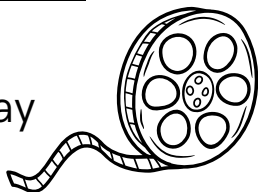
ELLAVUT CIMIRTUQ (OUR WORLD IS CHANGING)

In Southwest Alaska, thawing permafrost reveals a significant archaeological site, frozen in time. As the community races to save the artifacts from being washed away into the Bering Sea, narratives of change and adaptation are rewritten.



HONEYLAND

In "Honeyland," one of Europe's last female wild beekeepers fights to protect the bees and restore balance when nomadic beekeepers threaten her way of life. Filmed in Macedonia, the film offers a powerful, observational look at our relationship with nature and each other.



JULY 2025

Mending /Tending Ecological Grief

3 JULY, THURSDAY

1:00 pm - 4:00 pm

Theatre @ Carnegie CC Main Floor

A tender and gentle workshop led by interdisciplinary, and community engaged artist Keely O'Brien. You are invited to join her in a hands-on workshop exploring themes of ecological grief. We will be working with natural materials and relaxing creative processes, such as stitching and binding, to create personal offerings. This workshop is intended as a supportive space to cope with the emotional impacts of the climate crisis and connect with the community.

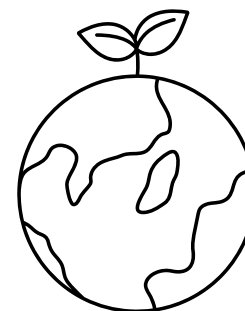
Register in-person at the Carnegie Library or call 604-665-3010 ext. 0

探讨 / 呵护生态悲伤

7月3日 周四

下午 1:00 至 4:00

卡拿基社区中心一楼剧场



由跨领域社区艺术家 Keely 老师带领，一场温柔细腻的艺术工作坊。来跟我们一起探讨“生态悲伤”并一同在温和的环境里运用大自然材料制作有意义的地球艺术品。希望创作的过程能帮你疏解气候危机所带来的情绪影响并与社区他人建立联结。

需报名, 请联络林小姐 604-307-7920

JULY 2025

"Pupnic" in the Park

16 & 30 JULY, WEDNESDAYS

12:00 pm - 2:00 pm

Gather @ Seniors Lounge @ 11:30

Get ready for the cutest lunch break you've ever had! Here is your chance to enjoy a picnic lunch and spend quality time with our friendly therapy pups, because grief deserves tenderness and connection. Write a note for your loved ones and read it out for the flurry friends. Let them support you on your healing journey.

Register in-person at the Carnegie Library or call 604-665-3010 ext. 0



午休宠物疗愈

7月16及30日 周三

中午 12:00 至 2:00

当天11:30到长者室集合

这将是你最享受的午休时光! 请跟我们一同野餐并在可爱疗愈犬的陪伴下共度美好时刻。是否有些话来不及跟往生的亲友说? 把它写下来并念给这些疗愈犬听。让它们陪伴你, 走在疗愈的路上。

需报名, 请联络林小姐 604-307-7920



RECURRING PROGRAMS

DROP-INS WELCOME!



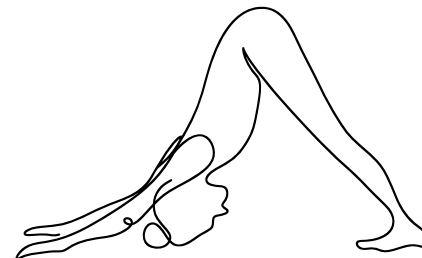
- **Compassionate Singalong.**

1st & 3rd Mondays of the month

2 & 16 JUNE, 7 & 21 JULY, MONDAY

2:00 pm - 4:00 pm

Classroom II @ Carnegie 3rd Floor



- **Gentle Restorative Evening.**

2nd Thursday of the month

12 JUNE & 10 JULY, THURSDAY

4:00 pm - 5:00 pm Restorative Yoga

5:30 pm - 6:30 pm Sound Bath

Theatre @ Carnegie CC Main Floor

WHAT IS *Ecological Grief*?

什么是生态悲伤?

IT'S THE DEEP SADNESS OR PAIN
WE FEEL DUE TO
THE DESTRUCTION OF MOTHER EARTH.
我们因地球受破坏而感到的悲伤与痛苦。



IT CAN HAPPEN WHEN:

- FORESTS ARE CUT DOWN
- ANIMALS GO EXTINCT
- THE CLIMATE GETS WORSE (FOREST FIRES, FLOODS, OR HEATWAVES)
- PLACES WE LOVE IN NATURE ARE HARMED OR LOST

IT'S A NORMAL AND HEALTHY EMOTIONAL
RESPONSE TO ENVIRONMENTAL LOSS.

这也是对环境损坏所产生的
一种正常且健康的情绪反应。

RESOURCES . 支援

BC BEREAVEMENT HELPLINE

WWW.BCBH.CA



Grief Support Helpline: 604-738-9950 or
1-877-779-2223

HOPE FOR WELLNESS HELPLINE

WWW.HOPEFORWELLNESS.CA



1-855-242-3310

24/7 support for all Indigenous people across Canada

VANCOUVER HOSPICE

**WWW.VANCOUVERHOSPICE.
ORG/SERVICES/GRIEF-SUPPORT/**



Grief support & hospice info: 604-737-7305

CRISIS CENTRE OF BC

WWW.CRISISCENTRE.BC.CA



24/7 Crisis Line: 310-6789

National Suicide Crisis Helpline: 998 (call or text)

SUCCESS HELPLINE | 中侨协助支持热线

Mandarin Line: 1(888) 721-0596 ext. 1
国语: 1(888)-721-0596 / 拨通按1

Cantonese Line: 1(888) 721-0596 ext. 2
粤语: 1(888)-721-0596 / 拨通按2

ZERO BLOCK SOCIETY

Community Care & Grief Circle

382 Main St (the Listening Post)

Tuesdays

5 pm - 7 pm (Drop-in), 7 pm onwards - Grief Circle

JUNE 2025

六月

SUN	MON	TUE	WED	THURS	FRI	SAT
1	2 2:00 - 4:00 Compassionate Singalong	3	4	5	6	7
8	9	10	11	12 4:00 - 5:00 Yoga 5:30 - 6:30 Sound Bath	13	14
15	16 2:00 - 4:00 Compassionate Singalong	17	18	19	20	21
22	23	24 12:00 - 3:00 Rekindling Roots (Out Trip)	25	26	27	28 2:00 - 5:00 Death & Reflection Film Series
29	30					

JULY 2025

七月

		1	2	3 1:00-400 Mending/ Tending EcoGrief 探讨呵护生态悲伤	4	5
6	7 2:00 - 4:00 Compassionate Singalong	8	9	10 4:00 - 5:00 Yoga 5:30 - 6:30 Sound Bath	11	12
13	14	15	16 12:00 - 2:00 Pupnic In The Park	17	18	19
20	21 2:00 - 4:00 Compassionate Singalong	22	23	24	25	26
27	28	29	30 12:00 - 2:00 Pupnic In The Park	31		